MENMAG ENERGY

Dosage

Adults: 1 tablet daily dissolved in approx. 200 ml of cool water

Composition

Acidity regulators: citric acid, sodium carbonates, magnesium lactate, binding agent: sorbitols, taurine, zinc gluconate; aroma, maca root extract (Lepidium meyenii), caffeine, binder: polyethylene glycol, color: sulphite ammonia caramel, sweetener: sucralose, pyridoxine hydrochloride

**Ingredient quantities:**

1 tablet contains:

- magnesium 60 mg (16%) \*,

- vitamin B6 1.4 mg (100%) \*,

- zinc 10 mg (100%) \*,

- 50mg maca root extract,

- caffeine 50 mg, taurine 100 mg

\* RWS-Reference Value of Consumption.

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| Manufacturer | * [Aflofarm](https://www.ceneo.pl/Mineraly_i_witaminy/p%3AAflofarm.htm)
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| Capacity | * 20 tablets
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| Character | * [Pills](https://www.ceneo.pl/Mineraly_i_witaminy/Postac%3ATabletki.htm)
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| Indication | * [Fatigue](https://www.ceneo.pl/Mineraly_i_witaminy/Wskazanie%3AZmeczenie.htm)
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| Primary ingredient | * [Mac](https://www.ceneo.pl/Mineraly_i_witaminy/Podstawowy_skladnik%3AMaca.htm)
* [Magnesium](https://www.ceneo.pl/Mineraly_i_witaminy/Podstawowy_skladnik%3AMagnez.htm)
* [Vitamin B6](https://www.ceneo.pl/Mineraly_i_witaminy/Podstawowy_skladnik%3AWitamina_B6.htm)
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| Additional information | * [Room temperature](https://www.ceneo.pl/Mineraly_i_witaminy/Informacje_dodatkowe%3ATemperatura_pokojowa.htm)
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| Type of registration | * Diet supplement
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